



Kinburra Preschool

Clothing Policy

Children need protective, comfortable and appropriate clothing and footwear to explore their environment. Clothing needs to protect children from injury and sun exposure whilst promoting self-help abilities. Appropriate footwear should fit a child’s foot correctly and ensure comfort. Educators will also dress to prevent injury and sun exposure and will be encouraged to dress in a professional and respectful manner, being positive role models for children.

NATIONAL QUALITY STANDARD (NQS)

QUALITY AREA 2: CHILDREN’S HEALTH AND SAFETY		
2.2	Safety	Each child is protected.
2.2.1	Supervision	At all times, reasonable precautions and adequate supervision ensure children are protected from harm and hazard.

QUALITY AREA 5: RELATIONSHIPS WITH CHILDREN		
5.1	Relationships between educators and children	Respectful and equitable relationships are maintained with each child.
5.1.1	Positive educator to child interactions	Responsive and meaningful interactions build trusting relationships which engage and support each child to feel secure, confident and included.
5.1.2	Dignity and rights of the child	The dignity and rights of every child are maintained.

EDUCATION AND CARE SERVICES NATIONAL REGULATIONS	
168	Education and care services must have policies and procedures
168(2)(ii)	Policies and procedures are required in relation to sun protection

RELATED POLICIES



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Children's belongings Policy Family Communication Policy Health and Safety Policy Multi-Cultural Policy Nappy Change and Toileting Policy	Respect for Children Policy Sleeping and Rest Policy Sun Safety Policy Supervision Policy
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PURPOSE

We aim to ensure the safety and comfort of all children by providing appropriate clothing guidelines for children, parents and staff utilising and working at the service.

Children being clothed appropriately enables them to play without risk of sunburn and serious injury caused by inappropriate footwear or clothing. Children are more at ease, reassured, satisfied and less anxious when they are: dressed for warmth during winter or not over-dressed during summer, or wearing safe footwear when climbing outdoor play equipment or participating in sport.

SCOPE

This policy applies to children, families, staff, management and visitors of the service.

IMPLEMENTATION

Effective clothing strategies, including sun protection clothing, are important factors in ensuring a child feels safe and secure at our Service.

Management or the Nominated Supervisor will:

- ensure that a Sun Safety Policy is developed and reviewed regularly.
- ensure that educators are provided with personal protective equipment (e.g. gloves, goggles etc.) to facilitate cleaning and health protection measures.
- provide information for educators about suitable clothing and footwear expectations for the education and care work environment during induction.



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- provide information for families about suitable clothing and footwear for children during orientation. This information will also be available at the Service using a variety of communication strategies including newsletters, brochures, websites and posters.
- ensure educators are aware and abide by the Sun Safety Policy.
- ensure a culturally inclusive environment by conveying respect and understanding of families' cultural traditions regarding clothing.
- provide information to educators and staff about children's cultural dress requirements.

Educators will:

- consult with families about the individual needs of children with respect to different values and beliefs associated with clothing and footwear.
- consult with families about the clothing needs of children with sensory and tactile sensitivities, (free of seams, tags, buttons or textures).
- monitor children's clothing and footwear to ensure compliance with the Sun Protection Policy and to support the safety, comfort and well being of every child.
- consider clothing and footwear needs associated with excursions or planned learning experiences and communicate clearly with families about the need for extraordinary protective clothing requirements.
- provide protective clothing, such as aprons, for messy play experiences. Children will be encouraged by educators to wear protective clothing during messy and water play.
- encourage children to remove shoes and heavy/ excess layers of clothing during rest times and to reflect the room temperature, as recommended practice by Rednose.
- encourage children to utilise their self-help skills as appropriate to put on and remove clothing and shoes to meet their needs. For younger children, educators will use observation and monitoring skills to ensure children's clothing and footwear is appropriate for the environment and weather conditions.
- show respect for children and appreciate their individuality by allowing them to make some decisions about the clothes they wear.



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Families will:

- communicate with educators about their child's individual clothing needs- (eg: cultural diversity, disability, clothing sensitivity – labels or fabrics, fine motor skills).
- provide spare clothing in children's bags to allow for dirty or soiled clothing and changing weather conditions (this includes supplying a spare set of socks, and shoes if possible).
- dress children appropriately, including footwear and appropriate sunsafe hat.
- ensure their child is clothed in an appropriate manner which will allow them to explore and play freely and not restrict them using equipment while at play.
- ensure clothing also allows easy access for toileting i.e. elasticised trousers, track pants – rather than buttons, zips, belts etc.
- not dress their children in good/expensive clothing.
- ensure children are appropriately protected from the sun - please refer to Sun Safety Policy for further directives on hats and clothing.
- ensure children's clothing accommodates for the weather conditions. i.e. be loose and cool in summer to prevent overheating and warm enough for cold weather – including outdoor play. At all times educators will monitor children to ensure they are appropriately dressed for all weather, play experiences, rest and sleep routines.
- ensure children have appropriate footwear that enables them to play comfortably and not cause safety concerns. i.e. thongs, clogs, crocs, gumboots or backless shoes have a trip factor and do not allow children to use equipment safely. If these are worn to preschool families need to bring a pair of sneakers for outdoor play.
- ensure clean and appropriate spare clothing are available in children's school bags if required.
- ensure all clothing and belongings must be clearly labelled with the child's name.

Clothing choices



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Clothing is a way of expressing our culture, personality and individuality. The clothes children wear can affect the development of their independence, self-help skills and participation in play-based activities in early education and care services.

We understand that young children are developing their self-concept and individuality and may be intent on wearing particular accessories or clothing items to our Service. We respect their choices and encourage their independence; however some clothing types or accessories may be dangerous and hinder their participation in physical activities.

For example, dresses or skirts that have long hems may cause tripping when children attempt to use play equipment or bikes. Long necklaces, drawstrings on jumpers and long ribbons can also be hazardous to children's safety if they become caught in equipment.

We request that parents talk to their child about the choice of clothes and activities they will be involved in at our Service and help them to choose clothes that will be practical.

Parents may decide to send additional clothes in their child's bag to assist educators ensure their safety when they are participating in physical activities that require clothing to be more practical.

Special clothes/dress up

To facilitate pretend play and celebrate different cultural experiences, children may be invited to dress up according to a theme or particular cultural celebration.

Our educators will communicate with families to ensure all children have the opportunity to engage in these activities by wearing appropriate clothing.

When dressing their child in 'dress up' clothes, parents are asked to ensure their child's footwear is appropriate for play-based learning at the Service and ensure clothing is sun safe.

Source

Australian Children's Education & Care Quality Authority. (2014).
Cancer Council Australia: www.cancer.org.au



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Community Child Care Co-Operative

[Education and Care Services National Regulations](#). (2011).

Guide to the Education and Care Services National Law and the Education and Care Services National Regulations. (2017).

Guide to the National Quality Framework. (2017). (amended 2020).

Raising Children Network – <http://raisingchildren.net.au>

Red Nose - <https://rednose.com.au>

Revised National Quality Standard. (2018).

National Health and Medical Research Council. (2013). *Staying Healthy: Preventing infectious diseases in early childhood education and care services* (5th Ed.). Australia: Commonwealth of Australia. NSW Government. (n.d.).

Work Health and Safety Act 2011 (Cth).

REVIEW

POLICY REVIEWED	JUNE 2021	NEXT REVIEW DATE	JUNE 2022
MODIFICATIONS	<ul style="list-style-type: none"> • Minor edits to policy • National regulations added 		
POLICY REVIEWED	PREVIOUS MODIFICATIONS	NEXT REVIEW DATE	
JUNE 2020	<ul style="list-style-type: none"> • Information about respecting cultural diversity added • Additional sections added – Clothing choices and Dress up clothes • Sources checked for currency 	JUNE 2021	
JUNE 2019	<ul style="list-style-type: none"> • Some sentences reworded/refined • Additional information added to points • Sources checked for currency • Sources/references corrected, updated, and alphabetised • Related policies alphabetised 	JUNE 2020	
JUNE 2018	<ul style="list-style-type: none"> • Added the 'Related Policy' section • Expanded the Educator's responsibilities by including items such as: modelling appropriate clothing, respecting children's privacy and modesty etc. 	JUNE 2019	